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Bring Home from Hospital Checklist

(Look at this BEFORE leaving to pick up your loved one on discharge)

|  |  |
| --- | --- |
| **Doctor** | **Tasks** |
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 | [ ]  Ask for an explanation of how your loved one is doing
 |
| [ ]  Review medication list in detail (starting, stopping, or different doses of medication)
 |
| [ ]  Ask if side effects of new medications
 |
| [ ]  Review follow up plan, reasons to come back to hospital
 |

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| **Nurse** | **Tasks** |
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 | [ ]  Review discharge instruction list
 |
| [ ]  Discuss any changes to diet, restrictions of salt intake/water intake, change to diet texture (i.e. pureed or soft diet needed)
 |
| [ ]  Review changes to activity (need walker? cane? wheelchair?)
 |
| [ ]  Discuss when best time to pick up loved one is
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| **Pharmacy** | **Tasks** |
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 | [ ]  Pick up new prescriptions
 |
| [ ]  Discuss with pharmacist if any side effects or medication interactions
 |
| [ ]  Discard any old/unused medications
 |
| [ ]  Get medication box dispenser if you don’t have one
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| --- | --- |
| **Loved One** | **Tasks** |
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 | [ ]  Check with loved one if clothes or personal items should be brought
 |
| [ ]  Confirm receipt from hospital of glasses, dentures, hearing aids, phone, wallet/purse, jewelry.
 |
| [ ]  Confirm loved one can transfer into vehicle
 |
| [ ]  Make sure you have access to the home
 |